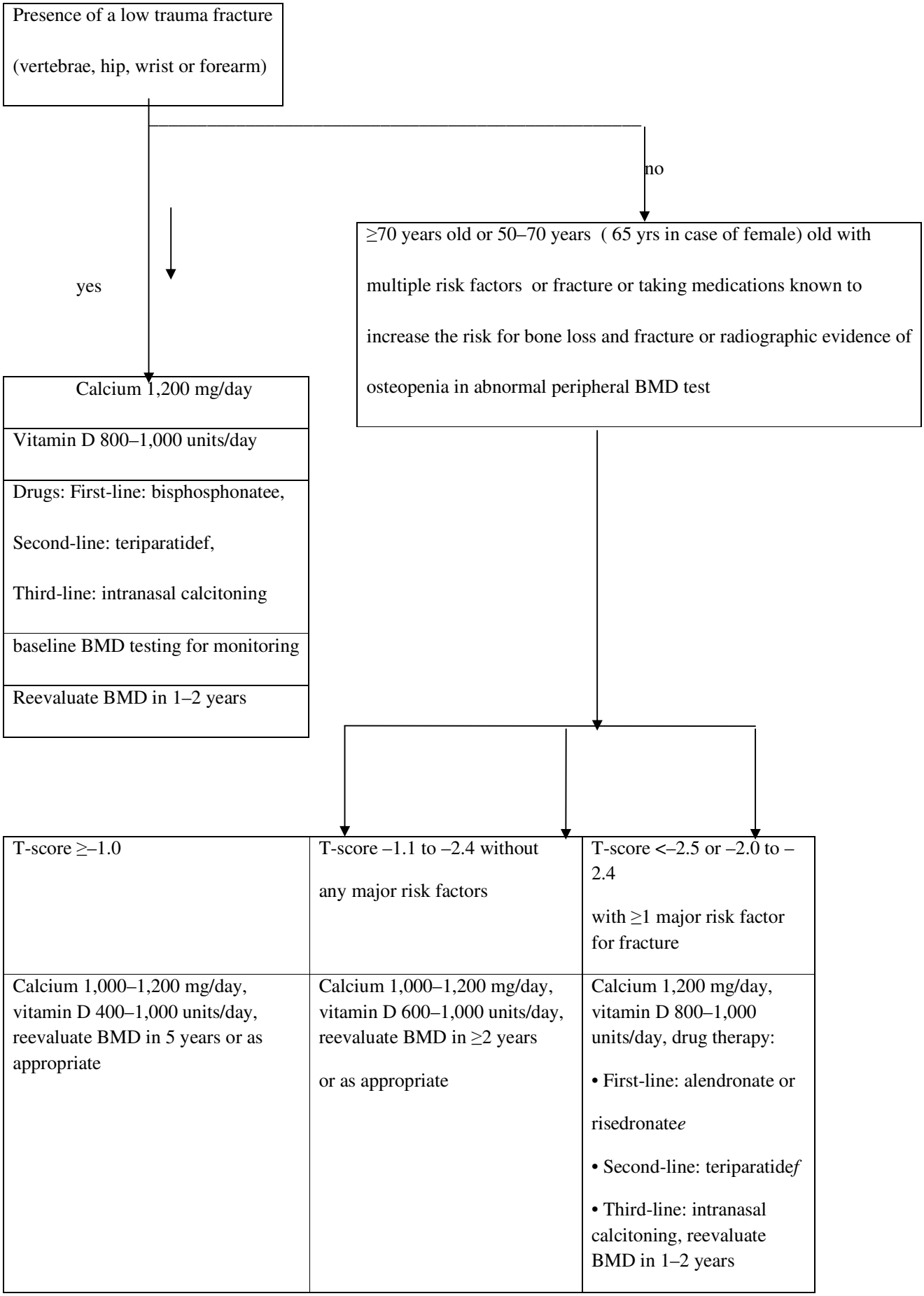Bone health therapeutic algorithm (for men)